

## DRIVING DIRECTIONS:

**PainSouth, Inc.**

St. Vincent's Hospital, Building II  
2700 10th Avenue South, Suite #444  
Birmingham, AL 35205



**Traveling I-59 South toward Tuscaloosa:** Take exit 126A US-31 South/US-280 East and merge onto US-280 East/ US-31 South (also known as Red Mountain Expressway). Take the University Blvd exit. At the end of the exit ramp take a LEFT at the traffic light. Travel to the 4th traffic light (McDonald's is on your right) and turn RIGHT onto 28th Street South. At the 3 way stop sign turn RIGHT. At the 1st stop sign turn LEFT into the parking lot for POB II. Our office is located across the street crosswalk on the 4th floor, suite 444.

**Traveling I-59 North/ I20 East toward Atlanta/Gadsden:** take exit 126A US-31 South/US-280East and merge onto US-280East/ US-31South (also known as Red Mountain Expressway). Take the University Blvd exit. At the end of the exit ramp take a LEFT at the traffic light. Travel to the 4th traffic light (McDonald's is on your right) and turn RIGHT onto 28th Street South. At the 3 way stop sign turn RIGHT. At the 1st stop sign turn LEFT into the parking lot for POB II. Our office is located across the street crosswalk on the 4th floor, suite 444.

**Traveling I-65 North toward Huntsville:** follow I-65 into Birmingham keeping right at the fork and merge onto I-20 East/ I-59 North toward Atlanta/Gadsden. Travel to exit 126A US-31 South/US-280East and merge onto US-280East/ US-31 South (also known as Red Mountain Expressway). Take the University Blvd exit. At the end of the exit ramp take a LEFT at the traffic light. Travel to the 4th traffic light (McDonald's is on your right) and turn RIGHT onto 28th Street South. At the 3 way stop sign turn RIGHT. At the 1st stop sign turn LEFT into the parking lot for POB II. Our office is located across the street crosswalk on the 4th floor, suite 444.

**Traveling I-65 South toward Montgomery:** follow I-65 into Birmingham keeping left at the fork and take I-59 North toward Atlanta/ Gadsden. Travel to exit 126A US-31 South/US-280East and merge onto US-280East/ US-31South (also known as Red Mountain Expressway). ). Take the University Blvd exit. At the end of the exit ramp take a LEFT at the traffic light. Travel to the 4th traffic light (McDonald's is on your right) and turn RIGHT onto 28th Street South. At the 3 way stop sign turn RIGHT. At the 1st stop sign turn LEFT into the parking lot for POB II. Our office is located across the street crosswalk on the 4th floor, suite 444.